

ACTIVITIES IN THIS SECTION ARE REGULARLY SCHEDULED		8:00am Walk For Life 9:15am Aerobics - RR 1:00pm QFC Trip 2:00pm Cafe Social - AT 5:00pm Piano Social - LR	9:30am Watermotion - PL 10:00am Strength Training - FT 2:00pm Cafe Social - AT	8:00am Walk For Life 9:15am Aerobics - RR 10:30am Catholic Communion - Suite #1103 2:00pm Cafe Social - AT 5:00pm Piano Social - LR	9:30am Watermotion - PL 10:00am Bellevue Square/QFC 11:30am WU: Walker Wise - RR 2:00pm Cafe Social - AT 2:00pm Strength Training - FT	8:00am Walk For Life 9:15am Aerobics - RR 2:00pm Cafe Social - AT 5:00pm Piano Social - LR	10:30am Balance Blast! - RR 6:45pm Evening Bridge - AT						
SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
						7:15pm Movie - RR Happy New Year!		1:00pm Fred Meyer Trip 3:00pm Food Committee - AT		10:30am Book Club Mtg - RR 1:30pm Tech Help with Jesse - AT 7:15pm Movie - RR <i>Happy Birthday, Margaret Delabarre & Oscar Sandberg!</i>		12:00pm Movie - RR 3:00pm Movie - RR 7:15pm Movie - RR	
2:00pm Movie - RR 7:15pm Movie - RR <i>Happy Birthday, Beth Alhadeff, Pat Pedersen & Happy 100th Birthday Charlotte Weidemann!</i>		10:00am Safeway Trip 2:00pm Knitting Group - LR		9:30am Roundtable Meeting - LR 10:45am WU: Theater Class-RR 1:00pm Seminar: Understanding Strokes - RR 7:15pm Classical Piano Concert - LR <i>Happy Birthday, Joanne Clampitt & Bruce McAuley</i>		4:00pm Hospitality Committee-GC 7:15pm Movie - RR		1:00pm Dollar Store Trip 4:30pm Italian Night Social - LR		1:30pm Blood Press. Clinic - AT 1:30pm Tech Help with Jesse - AT <i>*Massage Clinic with Freeman*</i>		12:00pm Movie - RR 3:00pm Movie - RR 7:15pm Movie - RR	
2:00pm Movie - RR 7:15pm Movie - RR		10:00am Trader Joe's Trip 2:00pm Knitting Group - LR		2:30pm WU: SnackCrate - AT 2:00pm Garden Committee - RR 3:30pm Activity Committee - RR		10:00am Italian Masterpieces at SAM 7:15pm Movie - RR		1:00pm Fred Meyer Trip 7:15pm Bingo Night! - AT Birthday Night!		1:00pm Health Committee - RR 1:30pm Tech Help with Jesse - AT		12:00pm Pizza Lunch - AT 12:00pm Movie - RR 3:00pm Movie - RR 7:15pm Movie - RR	
1:30pm Music Appreciation Series with Eric - RR 2:00pm Movie - RR 7:15pm Movie - RR		10:00am Safeway Trip 2:00pm Knitting Group - LR 3:00pm Earthquake Disaster Response Meeting - RR <i>Rev. Dr. Martin Luther King Jr. Day</i>		11:00am Liaison Committee - RR 11:30am Men's Lunch at Bellevue Brewing Company		3:30pm Advisory Council - RR 6:00pm Co-Ed Dinner at SeaStar		1:00pm Costco Trip 5:00pm Silver Singles Group TBD Matinee Movie Outing		11:00am-2:00pm Your Clothing Solution - AT 1:30pm Blood Press. Clinic - AT 1:30pm Tech Help with Jesse - AT 7:15pm Movie - RR		12:00pm Movie - RR 3:00pm Movie - RR 7:15pm Movie - RR Saturday Night Buffet	
2:00pm Movie - RR 7:15pm Movie - RR <i>Happy Birthday, Leo Sheehan!</i>		10:00am Trader Joe's Trip 2:00pm Knitting Group - LR <i>Happy Birthday, Mary Stanton!</i>		1:00pm TED Talk & Discussion w/ Erin - RR		7:15pm Board Game Night		1:00pm Dollar Store Trip 1:00pm WU: BP Wellness Talk with Debbie - RR		1:30pm Tech Help with Jesse - AT 3:00pm WU: Superbowl Chat with Bob - AT 7:15pm Movie - RR			
								ACTIVITY LOCATOR KEY		AT- Atrium DR - Dining Room GC - Gallery Café L - Library		LR - Living Room PL - Pool RR - Regency Room FT - Fitness Center	
<h1>JANUARY 2020</h1> <p>INDEPENDENT LIVING</p>													