



PACIFIC REGENT
BELLEVUE
DOWNTOWN SENIOR LIVING

UNRETIREMENT LIVING

As part of Watermark Retirement Communities, we are creating an extraordinary and innovative community where people thrive. More than 30 years of experience have taught us that today's seniors aren't ready to retire to a life of leisure, though they've certainly earned it. They want more choices and are leading a more active lifestyle than generations before. It's no wonder so many of them are choosing Pacific Regent Bellevue, a vibrant urban retirement community offering Independent Living and Rehabilitation and Skilled Nursing in the heart of it all in downtown Bellevue, Washington.

We've created a vibrant community filled with abundant options to have fun, live well and thrive. Here, a workout never feels like work in our fitness center, and you can swim year-round in our heated indoor pool. You won't have to look far to find a good book, a game of cards, a movie or a friend to join you for a sunset drink. Here, it's all about living well – and then some. Enjoy expansive residences, exceptional services and amenities, outstanding chef-prepared cuisine, engaging mind and body fitness classes, and a dynamic lifestyle of growth and discovery. For those recuperating from illness, injury or surgery, we offer unsurpassed care and top-notch services in The Springs, our Medicare-certified skilled nursing center.

DON'T TAKE OUR WORD FOR IT. COME EXPERIENCE IT FOR YOURSELF.



A boutique lifestyle located in the heart of Bellevue

Lush courtyard garden

Elegant dining room

Full-service beauty salon and barber shop

Secure underground garage

Atrium and Regency Room for events and private dinners

Creative arts studio

Fitness and Wellness Center with fitness equipment and heated indoor pool and spa

Computer and social networking center

Library

Indoor storage units

Pet-friendly environment



AN OPTION FOR EVERY APPETITE

Variety is the spice of life at Pacific Regent Bellevue, and rest assured that choice is always on the menu. Here, you'll enjoy the ultimate, exquisite dining experience complete with incredible views of our beautiful, manicured rose garden. Savor delectable meals expertly prepared with our house-made, farm-fresh culinary philosophy. Mark your calendar for cocktail parties with live music followed by gourmet dinners. Every meal is graciously served by professionally trained, friendly and attentive dining team associates with impeccable attention to detail. You, your family and friends will dine in the comfortable elegance of a fine restaurant with china, polished silver, sparkling crystal, crisp linens and beautiful fresh flowers. This isn't dining in a retirement community — this is an evening spent at one of your favorite restaurants. Stop by for a visit, and sample a taste of how we thrive.



TODAY'S SELECTIONS:

Caprese Salad with
Balsamic Reduction

Grilled Filet Mignon with
Béarnaise Sauce

Pan-Seared Coho Salmon with
Pinot Noir Drizzle

Pan-Seared Chicken Breast with
Artichokes and Mushrooms

Poached Tiger Shrimp
and Lobster Tail with
Hollandaise Sauce

Tahitian Vanilla Bean
Crème Brûlée

MIND AND BODY WELLNESS



From piano concerts to tailgate parties and water aerobics, there's always something fun and engaging happening at Pacific Regent Bellevue. Interesting classes and Extraordinary Outings to Seattle sporting and cultural events are simply a part of everyday life, and there's always plenty to do with friendly neighbors.

Stimulating the mind and strengthening the body has enormous benefits at any age. That's why we created Watermark University. You'll love having unlimited access to all our mind and body fitness classes just steps from your door. Our catalog is chock full of fun classes from *Water Aerobics*, *Yoga*, *Watercolors*, *Seahawks Chat*, *Flower Arranging*, *Making Stained Glass*, *Balance Blast* and dozens more, so you can learn (or teach) something new every day. These classes aren't just for residents, so call for a copy of our current catalog, and sign up for a class or two today.



Laughter Therapy
Interactive Storytelling
Music Appreciation
Book Club
Armchair Travelers

AT YOUR SERVICE

Individuals who call Pacific Regent Bellevue home enjoy resort-style amenities and services that support a carefree, fun-filled and exclusive lifestyle. It's like living in an all-inclusive resort – only better. Leave the housekeeping, laundry and linens to us while you dine or shop with friends. In fact, you can leave the driving to us, too. Need a suggestion or a reservation? Ask our concierge. Planning a party? Use our catering service and entertain in our private dining area. Not in the mood for a sit-down meal? Call room service, and we'll deliver dinner right to your door. From the moment you choose Pacific Regent Bellevue, you'll wish you'd done so sooner. With our stress-free move-in coordination program, you'll be right at home in no time, so you start living the retirement lifestyle you deserve right in the heart of Bellevue.



Concierge services

Catering and room service

Massage, salon and barber services

Housekeeping, laundry and dry cleaning services

Complete maintenance services including plumbing and major appliances

Scheduled transportation services including private transportation

Move-in coordination service

Preventive health screenings

Valet parking



YOUR PERSONAL RETREAT

At Pacific Regent Bellevue, our professionals are available to help you customize your residence. Whether you choose to live here year-round or have your own seasonal retreat, you'll find convenient options for joining our community. From one-bedroom apartments to two-bedroom suites with private residences up to 1,800 square feet, you are sure to find a residence that fits your style. We've created an extraordinary resort-style community filled with an abundance of options, from expansive residences to outstanding chef-prepared cuisine and a vibrant, active lifestyle of joy, growth and discovery. Best of all, our monthly service fee covers all the amenities and services for the lifestyle you'll love.



Completely remodeled suites, some with balconies and breathtaking mountain and city views

Upgraded modern kitchen with refrigerator, electric oven and range, microwave, dishwasher and disposal

Customized closets

Washer and dryer

Air conditioning

Designer finishes including crown molding and huge picture windows

All utilities including basic cable (phone service excluded)

Complete apartment maintenance and weekly housekeeping

Emergency response system

Move-in coordination service

24-hour security



REHABILITATION AND SKILLED NURSING

Why do professionals refer so many patients to The Springs for rehabilitation? We offer outstanding services in our extraordinary, **Medicare-certified** community, including physical, occupational and speech therapy. For a quarter of a century, we've been helping patients restore function, improve mobility, relieve pain and prevent or limit physical disabilities from injuries or disease.

Enjoy the ultimate experience with our **Personal Ambassador Program**. From the moment you arrive, you'll receive a warm welcome and ongoing one-on-one attention from your personal ambassador. They will be your single point of contact, available and responsive to you and your family throughout your stay to answer any questions, provide for every comfort and offer a reassuring voice along the way. Using your family's preferred method of communication – phone, text message, email or in person – your ambassador will keep your closest relatives informed of your progress.

Intimate neighborhoods of 25 residents per floor

On-site physical, occupational and speech therapy

Gourmet meals, healthy snacks and our pastry chef's famous truffles and cookies

Personal Ambassador Program

Registered dietitian oversight

24-hour nursing staff

Health care management and monitoring with physician oversight

Resident call system

Personal flat-screen televisions and Wi-Fi internet access

Housekeeping, maintenance and transportation services

Diverse wellness programs and Watermark University classes

On-site social services director providing counseling and referral services

Dentist, podiatrist and psychologist services available

Full-service beauty salon



IN THE HEART OF IT ALL



Our location in a modern, upscale setting in the heart of downtown Bellevue means more than stunning views of the Cascade and Olympic Mountains. It means having easy access to all your favorite pastimes, whether it's elegant dining to lunch on the go, a stroll to the farmer's market or an evening at the theater. With complimentary transportation services, the city and all it has to offer are right at your doorstep, and our driver is at your service.

Pacific Regent Bellevue is within walking distance to world-class dining, shopping, arts and entertainment, and is within close proximity to the best physicians and medical services the area has to offer. Conveniently located across from the King County Library and Ashwood Park, you'll enjoy a variety of special events, music concerts, food truck events, dog park days, local sports and more. Outdoor enthusiasts appreciate the area's more than 2,500 acres of parks and open space, with more than 80 miles of walking trails. We're thriving in the heart of it all – the only thing missing is you.



THE Vibe

AT PACIFIC REGENT BELLEVUE



SHOW OFF
TALENT AT
PAINTING 101



BRAG ABOUT
THE CHEF AT
DINNER WITH
NEW FRIENDS

YAPPY HOUR



CHAUFFEURED
NIGHT OUT
AT THE
SEATTLE
SYMPHONY



THERE'S A SPECIAL VIBE AT PACIFIC REGENT BELLEVUE. From the moment you walk into our community, you can feel it. The Painting 101 class is starting while a group heads across the street for a book signing at King County Library. A jazz trio warms up for a happy hour overlooking the rose garden. The water aerobics class is toweling off and music lovers are signing up for a chauffeured evening at the Seattle Symphony. You are entering a vibrant zone, and you can't help but become part of it. Check out a day in the life to learn more about how we thrive.



WATER
AEROBICS
IN HEATED
POOL



TRIP TO THE
FARMERS
MARKET

LONG
WEEKEND
TOUR OF
WINE COUNTRY



DESSERT
COOKING DEMO
WITH THE
PASTRY CHEF



At Watermark Retirement Communities, we're committed to creating extraordinary and innovative communities where people thrive. Watermark communities are known for highly trained associates, a lifestyle built on choice and innovative signature programs, including our award-winning Watermark University featuring a wide variety of engaging classes and programs for residents and locals, alike. A privately held company with a reputation for service, innovation, integrity and financial stability, Watermark manages more than 50 retirement communities nationwide and has been certified as a Great Place to Work by Fortune Magazine. Learn more about the Watermark difference at watermarkcommunities.com.





PACIFIC REGENT
BELLEVUE

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