

# THE SPRINGS

AT PACIFIC REGENT BELLEVUE  
REHABILITATION AND SKILLED NURSING



INTRODUCING THE AMBASSADOR PROGRAM – YOUR OWN PERSONAL CARE CONCIERGE



PACIFIC REGENT  
BELLEVUE

919 109th Avenue NE • Bellevue, WA 98004  
**425-646-9808** • [watermarkcommunities.com](http://watermarkcommunities.com)  
A WATERMARK RETIREMENT COMMUNITY

INDEPENDENT LIVING • REHABILITATION & SKILLED NURSING





## GETTING YOU HOME – BETTER, STRONGER, FASTER

Personal Ambassador Program

24-hour staffing with registered dietitian and physician oversight

On-site physical, occupational and speech therapy

Wireless resident call system

Intimate neighborhoods of 25 residents per floor

Individual flat-screen televisions with more than 70 channels

Wi-Fi high-speed internet access

Gourmet meals served in our dining room overlooking the the rose garden or in your room

Complimentary meal available for a family member upon your arrival

Full-service beauty salon

Daily newspaper on request

Full access to all programs, events and classes

Medicare-certified

Dentist, podiatrist and psychologist services available

Why do professionals refer so many patients to Pacific Regent Bellevue for rehabilitation? We offer outstanding services in our extraordinary, Medicare-certified community, including **PHYSICAL, OCCUPATIONAL** and **SPEECH THERAPY**. For nearly a quarter century, we've been helping patients restore function, improve mobility, relieve pain and prevent or limit physical disabilities resulting from injuries or disease.



## YOUR PERSONAL AMBASSADOR

Enjoy the ultimate experience with our Personal Ambassador Program. From the moment you arrive, you'll receive a warm welcome and ongoing one-on-one attention from your personal ambassador. They will be your **SINGLE POINT OF CONTACT**, available and responsive to you and your family throughout your stay to answer any questions, provide for every comfort and offer a reassuring voice along the way. Using your family's preferred method of communication – phone, text message, email or in person – your ambassador will **KEEP YOUR CLOSEST RELATIVES AND FRIENDS INFORMED OF YOUR PROGRESS**. They will take time to get to know you, follow your care plan and attend to any needs that may arise while you're here. And that's not all. They'll even follow up with you after you leave to make sure you're doing well. **IT'S LIKE HAVING YOUR OWN PERSONAL CARE CONCIERGE.**



# JUST THE FACTS

Pacific Regent Bellevue  
919 109th Avenue NE  
Bellevue, WA 98004

Main:  
**425-688-1460**

Rehabilitation and  
Skilled Nursing Admissions:  
425-688-1460

Rehabilitation and Skilled Nursing fax:  
425-646-3812

[bellevue.watermarkcommunities.com](http://bellevue.watermarkcommunities.com)

[Bellevuecontact@  
watermarkcommunities.com](mailto:Bellevuecontact@watermarkcommunities.com)



## TOTAL RESIDENCES

Independent Living 100  
Rehabilitation and Skilled Nursing 54

## INDEPENDENT LIVING AMENITIES

Stunning views of the Cascade and Olympic Mountains

A boutique lifestyle located in the heart of Bellevue

Secure underground garage

Chef-prepared meals overlooking a lush rose garden

Creative arts studio

Wellness center with fitness equipment and heated indoor pool and spa

Diverse wellness programming, including Watermark University classes

Computer and social networking center

Concierge services

Catering and room service

Massage, salon and barber services

Housekeeping, laundry and dry cleaning services

Complete maintenance services

Transportation services including private transportation

Move-in coordination service

Pet walking and care services

Preventive health screenings

Close to I-405, downtown Bellevue and Overlake Hospital, Group Health and King County Library

## REHABILITATION AND SKILLED NURSING AT THE SPRINGS

Personal Ambassador Program

24-hour staffing with registered dietitian and physician oversight

On-site physical, occupational and speech therapy

Wireless resident call system

Intimate neighborhoods of 25 residents per floor

Individual flat-screen televisions with more than 70 channels

In-room book and audio library service

Wi-Fi high-speed internet access

Gourmet meals served overlooking the rose garden or in your room

Healthy snacks plus our pastry chef's famous truffles and cookies

Complimentary meal for a family member upon your arrival

Full-service beauty salon

Daily newspaper on request

Full access to all programs, events and classes

Medicare-certified

Dentist, podiatrist and psychologist services available

## CLINICAL CAPABILITIES

Physical, occupational and speech therapy

Pain, edema, stroke or CVA

Fractures, hip and knee replacements, joint replacements, decreased function or muscular weakness

Problems with balance and coordination

Self-care, continence management and home management

Visual impairments

Aphasia, dysarthria, dysphagia

And more