

THE SPRINGS

AT PACIFIC REGENT BELLEVUE
REHABILITATION AND SKILLED NURSING



INTRODUCING THE AMBASSADOR PROGRAM – YOUR OWN PERSONAL CARE CONCIERGE



PACIFIC REGENT
BELLEVUE

919 109th Avenue NE • Bellevue, WA 98004
1-425-233-8766 • www.watermarkcommunities.com
A WATERMARK RETIREMENT COMMUNITY

INDEPENDENT LIVING • REHABILITATION & SKILLED NURSING





**YOU'VE NEVER SEEN
ANYTHING LIKE IT.**

INDEPENDENT LIVING AMENITIES INCLUDE:

STUNNING VIEWS OF THE CASCADE AND OLYMPIC MOUNTAINS

BOUTIQUE LIFESTYLE IN THE HEART OF BELLEVUE

SECURE UNDERGROUND GARAGE

CHEF PREPARED MEALS OVERLOOKING A LUSH ROSE GARDEN

CREATIVE ARTS STUDIO

WELLNESS CENTER WITH FITNESS EQUIPMENT AND HEATED INDOOR POOL & SPA

DIVERSE WELLNESS PROGRAMMING INCLUDING WATERMARK UNIVERSITY CLASSES

COMPUTER AND SOCIAL NETWORKING CENTER

CONCIERGE, CATERING AND ROOM SERVICE

MASSAGE, SALON AND BARBER SERVICES

HOUSEKEEPING, LAUNDRY, MAINTENANCE AND DRY CLEANING SERVICES

TRANSPORTATION SERVICES INCLUDING PRIVATE TRANSPORTATION

MOVE-IN COORDINATION SERVICE

PET WALKING AND CARE SERVICES

When rehabilitation is what the doctor ordered, Pacific Regent Bellevue welcomes everyone, not just current residents. We designed our program with our own residents in mind, that's why we offer amenities and services you never thought existed in a rehabilitation setting. Rehabilitation at The Springs at Pacific Regent Bellevue has accommodations and services tailored to individual needs. While you're here, you're welcome to take part in any of our amenities and offerings, including delicious cuisine, a full calendar of mind and body fitness classes and that's just the beginning.



GETTING YOU HOME – BETTER, STRONGER, FASTER.

- PERSONAL AMBASSADOR PROGRAM
- 24-HOUR STAFFING WITH REGISTERED DIETITIAN AND PHYSICIAN OVERSIGHT
- ON-SITE PHYSICAL, OCCUPATIONAL AND SPEECH THERAPIES
- WIRELESS RESIDENT CALL SYSTEM
- INTIMATE NEIGHBORHOODS OF 25 RESIDENTS PER FLOOR
- INDIVIDUAL FLAT SCREEN TELEVISIONS WITH OVER 70 CHANNELS
- WI-FI HIGH-SPEED INTERNET ACCESS
- GOURMET MEALS SERVED IN OUR DINING ROOM
- ROOM SERVICE DELIVERY
- COMPLIMENTARY MEAL IS AVAILABLE FOR A FAMILY MEMBER UPON YOUR ARRIVAL
- FULL-SERVICE BEAUTY SALON
- DAILY NEWSPAPER ON REQUEST
- FULL ACCESS TO ALL PROGRAMS, EVENTS AND CLASSES
- MEDICARE-CERTIFIED
- 24-HOUR STAFFING WITH REGISTERED DIETITIAN AND PHYSICIAN OVERSIGHT
- RESIDENT CALL SYSTEM
- DENTIST, PODIATRIST AND PSYCHOLOGIST SERVICES AVAILABLE

Why do professionals refer so many patients to Pacific Regent Bellevue for rehabilitation? We offer outstanding services in our extraordinary, Medicare-certified community, including **PHYSICAL THERAPY**, **OCCUPATIONAL THERAPY** and **SPEECH THERAPY**. For nearly a quarter century, we've been helping patients restore function, improve mobility, relieve pain and prevent or limit physical disabilities from injuries or disease.



YOUR PERSONAL AMBASSADOR

Enjoy the ultimate experience with our Ambassador Program. From the moment you arrive, you'll receive a warm welcome and ongoing personal attention from your personal ambassador. They will be your **SINGLE POINT OF CONTACT**, available and responsive to you and your family throughout your stay to answer any questions, provide for every comfort and offer a reassuring voice along the way. Using your family's preferred method of communication – phone, text message, email or in person – your ambassador will **KEEP YOUR CLOSEST RELATIVES INFORMED OF YOUR PROGRESS**. They will take time to get to know you, follow your care plan and attend to any needs that may arise while you're here. And that's not all. They'll even follow up with you after you leave to make sure you're doing well. **IT'S LIKE HAVING YOUR OWN PERSONAL CARE CONCIERGE.**

JUST THE FACTS

Pacific Regent Bellevue
919 109th Avenue NE
Bellevue, WA 98004

Main:
1-425-233-8766

Rehabilitation and
Skilled Nursing Admissions:
1-425-233-8766

Rehabilitation and Skilled Nursing fax:
1-425-646-3812

Bellevue.watermarkcommunities.com

[Bellevuecontact@
watermarkcommunities.com](mailto:Bellevuecontact@watermarkcommunities.com)



TOTAL RESIDENCES

Independent Living 100
Rehabilitation and Skilled Nursing 54

INDEPENDENT LIVING AMENITIES

Stunning views of the Cascade and Olympic Mountains

A boutique lifestyle located in the heart of Bellevue

Secure underground garage

Chef prepared meals overlooking a lush rose garden

Creative arts studio

Wellness center with fitness equipment and heated indoor pool & spa

Diverse wellness programming including Watermark University classes

Computer and social networking center

Concierge services

Catering and room service

Massage, salon and barber services

Housekeeping, laundry and dry cleaning services

Complete maintenance services

Transportation services including private transportation

Move-in coordination service

Pet walking and care services

Preventative health screenings

Close to I-405, downtown Bellevue and Overlake

Hospital, Group Health and King County Library

REHABILITATION AND SKILLED NURSING AT THE SPRINGS

Personal ambassador program

24-hour staffing with registered dietitian and physician oversight

On-site physical, occupational and speech therapies

Wireless resident call system

Intimate neighborhoods of 25 residents per floor

Individual flat screen televisions with over 70 channels

In-room book and audio library service

Wi-Fi high-speed internet access

Gourmet meals served overlooking the rose garden or in your room.

Healthy snacks plus our pastry chef's famous truffles and cookies

Complimentary meal for a family member upon your arrival

Full-service beauty salon

Daily newspaper on request

Full access to all programs, events and classes

Medicare-certified

24-hour staffing with registered dietitian and physician oversight

Dentist, podiatrist and psychologist services available

CLINICAL CAPABILITIES

Physical therapy, occupational therapy and speech therapy.

Pain, Edema, Stroke or CVA, Fractures, Hip and Knee Replacements, Joint Replacements, Decreased Function or Muscular Weakness, Problems with Balance and Coordination, Selfcare, Continence Management, Home Management, Visual Impairments, Aphasia, Dysarthria, Dysphagia and more.