



PACIFIC REGENT
BELLEVUE

DOWNTOWN SENIOR LIVING

IN THE HEART OF IT ALL



Pacific Regent Bellevue, located in the heart of downtown Bellevue, Washington is a vibrant urban retirement community offering Independent Living and Rehabilitation & Skilled Nursing in a modern, upscale setting. Pacific Regent Bellevue is conveniently located directly across from the King County Library overlooking Lake Washington and is within walking distance to world class dining, entertainment and healthcare.

Within a stunning setting, we offer extraordinary cuisine, fun events, interesting classes and unsurpassed customized care. Choose from spacious one-bedroom apartments to luxurious two-bedroom suites, wonderfully appointed with full modern kitchens, large living rooms and bathrooms and high-end designer touches.

Residents enjoy services and amenities designed to support 21st century seniors in pursuit of a healthy, active lifestyle. On-site amenities include a beautiful rose garden, beauty salon and barber shop, indoor lap pool, fitness center and an elegant dining room. For those recuperating from illness or surgery, rehabilitation therapies are available at The Springs, our Medicare-certified skilled nursing center.

Stunning views of the Cascade and Olympic Mountains

A boutique lifestyle located in the heart of Bellevue

Award winning rose garden

Secure underground garage

Atrium and Regency Room for events and private dinners

Creative arts studio

Wellness Center with fitness equipment and heated indoor pool & spa

Computer and social networking center

Library



AN OPTION FOR EVERY APPETITE



Enjoy the exquisite dining experience at Pacific Regent Bellevue where residents dine with views of a manicured rose garden. Savor delectable meals expertly prepared with our house-made, farm-fresh culinary philosophy. Mark your calendar for cocktail parties with live music followed by gourmet dinners. Every meal is graciously served by professionally trained staff with impeccable attention to detail including fine china, polished silver, crisp linens and beautiful fresh flowers. Here, you'll experience dining as if you were out at one of your favorite restaurants!



TODAY'S SELECTIONS:

Caprese Salad with
Balsamic Reduction

Grilled Filet Mignon with
Béarnaise Sauce

Pan seared Coho Salmon with
Pinot Noir Drizzle

Pan seared Chicken Breast with
Artichokes and Mushrooms

Poached Tiger Shrimp
and Lobster Tail with
Hollandaise Sauce

Tahitian Vanilla Bean
Crème Brulée

MIND AND BODY WELLNESS



From piano concerts to tailgate parties and water aerobics classes, there's always something happening at Pacific Regent Bellevue. Interesting activities like *Stained Glass Making*, *Yoga* or *Sketching* and extraordinary outings to Seattle sporting and cultural events are simply part of everyday life. There's always plenty to do with friendly neighbors.

Stimulating the mind and strengthening the body has enormous benefits at any age. That's why we created Watermark University. You'll love having unlimited access to all of our mind and body fitness classes just steps from your door. Our course catalog is chock full of fun classes from so you can learn (or teach) something new every day. These classes aren't just for residents. Call for our current course catalog today.



AT YOUR SERVICE

With all the amenities and services we offer, you'll feel like you're living at an all-inclusive resort. Leave the housekeeping, laundry and linens to us while you dine or shop with friends. In fact, you can even leave the driving to us. Need a suggestion or a reservation? Ask our Concierge. Planning a party? Use our catering service and entertain in our private dining area. Not feeling quite yourself? Call room service and have dinner delivered to your door. From the moment you choose Pacific Regent Bellevue, you'll wish you'd done so sooner. Our move management team will have you settled in no time so you can begin to enjoy your new life in the heart of Bellevue.



- Concierge services
- Catering and room service
- Massage, salon and barber services
- Housekeeping, laundry and dry cleaning services
- Complete maintenance services including plumbing and major appliances
- Transportation services including private transportation
- Move-in coordination service
- Preventative health screenings
- Valet parking



YOUR PERSONAL RETREAT

At Pacific Regent Bellevue, our professionals are available to help you customize your residence. Whether you choose to live here year round or have your own seasonal retreat, you'll find convenient options for joining our community. From one-bedroom apartments to two-bedroom suites with private residences up to 1,800 square feet, you won't have to look long to find a residence to fit your style. We've created an extraordinary place filled with abundant options, from expansive residences, to chef-prepared cuisine and a vibrant lifestyle of joy and discovery. And best of all, our monthly service fee covers your enjoyment of all community amenities and services.



Completely remodeled suites, some with balconies and breathtaking mountain and city views

Upgraded modern kitchen with refrigerator, electric oven and range, microwave, dishwasher and disposal

Customized closets

Washer and dryer

Air conditioning

Designer touches including crown molding and huge picture windows

All utilities except phone service including basic cable

Complete apartment maintenance and weekly housekeeping

Emergency response system

Move-in coordination service

24-hour security



REHABILITATION AND SKILLED NURSING

Why do professionals refer so many patients to The Springs for rehabilitation? We offer outstanding services in our extraordinary, **MEDICARE-CERTIFIED** community, including physical therapy, occupational therapy and speech therapy. For nearly 25 years, we've been helping patients restore function, improve mobility, relieve pain and prevent or limit physical disabilities from injuries or disease.

Enjoy the ultimate experience with our **AMBASSADOR PROGRAM**. From the moment you arrive, you'll receive a warm welcome and ongoing personal attention from your personal ambassador. They will be your single point of contact, available and responsive to you and your family throughout your stay to answer any questions, provide for every comfort and offer a reassuring voice along the way. Using your family's preferred method of communication – phone, text message, email or in person – your ambassador will keep your closest relatives informed of your progress.

Intimate neighborhoods of 25 residents per floor

On-site physical, occupational and speech therapies

Gourmet meals and healthy snacks plus our pastry chef's famous truffles and cookies

Personal ambassador program

Registered Dietitian oversight

24-hour nursing staff

Health care management and monitoring with physician oversight

Resident call system

Personal flat screen televisions and Wi-Fi internet access

Housekeeping, maintenance and transportation services

Diverse wellness programs and Watermark University classes

On-site Social Services Director providing counseling and referral services

Dentist, podiatrist and psychologist services available

Full-service beauty salon





Creating extraordinary communities where people **thrive**.



PACIFIC REGENT
BELLEVUE

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