

## TOTAL RESIDENCES 154

Independent Living 100

Rehabilitation & Skilled Nursing 54

## A PLACE FOR YOU

An intimate senior friendly environment with 24-hour staffing in the heart of downtown Bellevue, offering **INDEPENDENT LIVING** for active seniors and **REHABILITATION & SKILLED NURSING**.

Comfortable shared spaces that encourage friendship and fun including a rose garden, beauty salon and barber shop, indoor lap pool, fitness center, spacious living room, creative arts studio and an elegant dining room and Gallery Café.

Living in **THE HEART OF DOWNTOWN BELLEVUE** means being within walking distance of shopping, dining, entertainment and healthcare.

## AN OPTION FOR EVERY APPETITE

**LET US DO THE COOKING** while you enjoy the daily meeting of friends around the table with food you'll love.

Celebrate the important things in life with family in the Atrium and Regency Room for **EVENTS AND PRIVATE DINNERS**.

## LET US DO THE WORK

Enjoy your home knowing that **WE TAKE CARE OF EVERYTHING**. From security to maintenance to housekeeping, our staff is at your beck and call 24 hours per day.

Make your **MOVE STRESS-FREE** with our move-in coordination services.

# JUST THE FACTS

## INDEPENDENT LIVING – YOUR PERSONAL RETREAT

### OUR INDEPENDENT LIVING FEE INCLUDES:

Completely remodeled suites – some with balconies and breathtaking mountain and city views

Upgraded modern kitchen with refrigerator, electric oven and range, microwave, dishwasher and disposal

Washer and dryer

Air conditioning

Designer touches including crown molding and huge picture windows

Choice of lunch or dinner prepared to order

Scheduled and private transportation services

Parking for one vehicle in our secure underground garage

Weekly housekeeping services

Caring, trained staff available 24-hours per day

All utilities except phone service including basic cable

Complete apartment maintenance

Dynamic calendar of classes, activities and outings including Watermark University

Preventative health screenings and a variety of senior wellness programs

On-site Rehabilitation & Skilled Nursing

Pet-friendly environment

Emergency response system

Move-in coordination service

### SERVICES AVAILABLE FOR AN ADDITIONAL FEE:

Guest meals and catering service

Additional meals and apartment room service

Beauty salon and barber shop

Private transportation

Additional housekeeping and laundering

Dry cleaning

Personal maintenance service

Prescription delivery

Daily newspaper delivery to your door



## REHABILITATION & SKILLED NURSING AT THE SPRINGS

Gourmet meals served overlooking the rose garden or in your room

Healthy snacks plus our pastry chef's famous truffles and cookies

Personal ambassador program

Intimate neighborhoods of 25 residents per floor

Registered Dietitian oversight

Service plans customized to your needs

24-hour nursing staff

Health care management and monitoring with physician oversight

Resident call system

Personal flat screen televisions and Wi-Fi internet access

In-room book and audio library service

Scheduled transportation

Diverse wellness program including Watermark University classes

Private and semiprivate suites

On-site physical, occupational and speech therapies

On-site Social Services Director providing counseling and referral services

Dentist, podiatrist and psychologist services available

Full-service beauty salon

Daily newspaper on request

## SERVICES

Dynamic calendar of activities, outings and Watermark University classes

Cultural events

Diverse wellness programming

Preventative health screenings

Valet parking

Transportation services including private transportation

Complete apartment maintenance services including plumbing and major appliances

Housekeeping, laundry and dry cleaning services

Concierge service

Massage, salon and barber services

Catering and room service

Move-in coordination service

Fully secure building

## AMENITIES

A boutique lifestyle located in the heart of Bellevue

Across the street from Ashwood Park and King County Library

Walking distance to The Bravern, award winning restaurants and Bellevue Square

Close to I-405, downtown Bellevue, Overlake Hospital and Group Health

Stunning views of the Cascade and Olympic Mountains

Award winning rose garden

Secure underground garage

Atrium and Regency Room for events and private dinners

Gallery Cafe

Creative arts studio

Wellness Center with fitness equipment and heated indoor pool & spa

Computer and social networking center

Pet-friendly environment

On-site Rehabilitation and Skilled Nursing



PACIFIC REGENT  
BELLEVUE

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A WATERMARK COMMUNITY